



LEVEL 1: BALLET
ORANGE AWARD

NAME:
DATE COMPLETED:



I attend class regularly.



I am able to walk in time to the music.



Boys: I am able to stand with hands on hips with fingers together.
Girls: I am able to hold my skirt properly.



I am able to perform a demi-plié in first and second position.



I am able to work at the barre.



I am able to perform tendus in all directions.



I am able to show bras bas, first and second arm positions.



I am able to show springs (sautés) in first position.



I am happy throughout my class.



I always thank my teacher at the end of my class.



LEVEL 1: BALLET
GREEN AWARD

NAME:
DATE COMPLETED:



I arrive at my class on time.



I am able to run in time to the music.



I am beginning to work in 3rd position



I am able to demonstrate beautiful ballet skips; high knees & pointed toes.



I am able to do a basic port de bras; from bras bas to 1st, through to 2nd & down via demi bras to bras bas.



I am developing a lovely balletic quality with my arm movements.



I am able to échappé sauté from first to second.



I am able to show a creative mime, e.g. Little Red Riding Hood.



I am polite and courteous when speaking to other members of the class.



I remember to take all of my belongings with me at the end of my class.



LEVEL 1: BALLET
PURPLE AWARD

NAME:
DATE COMPLETED:



I am in the correct uniform & shoes.



Boys: My hair is always neat.
Girls: My hair is always neat & in a bun or tied back.



I am able to show a fully pointed foot.



I am working hard on my petits jetes.



I am able to dance with a partner; galloping or skipping holding hands.



I am able to dance a simple choreographed routine.



I am developing my ballet vocabulary; I know what is meant by plié, demi, tendus, devant and derrière.



I perform my dances with a sense of enjoyment.



Girls: I am able to curtsey.
Boys: I am able to bow.



I am friendly to all class participants.