



INTERNATIONAL DANCE REWARDS

www.internationaldancerewards.com

NAME:

## RED AWARD

☐

I attend classes regularly  
and I arrive on time.

☐

I am able to do knee bounces.

☐

I am able to clap a simple 4/4 rhythm.

☐

I am able to walk forwards and  
jump backwards with feet together.

TEACHERS REPORT:

Date Completed:

## ORANGE AWARD

☐

I am able to ask a teacher for help  
if I am struggling with a step.

☐

I am able to do shoulder shrugs.

☐

I am able to skip on both legs.

☐

I am able to jump forwards with  
feet together, and walk backwards.

TEACHERS REPORT:

Date Completed:

## 'PRELIMINARY' FUNKY FEET PROGRESS RECORD

## YELLOW AWARD

☐

I am working on low leg kicks.

☐

I am able to return to my space in the  
room after a travelling step around it.

☐

I use good manners throughout the  
class to my teacher & fellow students.

☐

I am working on a step turn step.

TEACHERS REPORT:

Date Completed:



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## GREEN AWARD



I am able to show travelling steps across the room e.g. runs, gallops, skips



I am able to show a relaxed knee bounce in time to the music



I am able to lead a line around the room.



I am able to perform simple leg kicks in a seated position.

TEACHERS REPORT:

Date Completed:

## BLUE AWARD



I am able to clap high to low whilst transferring weight side to side.



I am able to do a heel dig forwards.



I have a good sense of spatial awareness of my fellow class members.



I am able to show a step turn step.

TEACHERS REPORT:

Date Completed:

## 'PRELIMINARY' FUNKY FEET PROGRESS RECORD

## PURPLE AWARD



I am able beginning to use simple isolations e.g. head, hands, shoulders...



I am able to do a step tap step to the side with a relaxed feel.



I am able to show stillness in a phrase of music.



I am able to remember a simple three step Street Dance combination.

TEACHERS REPORT:

Date Completed: