

## INTERNATIONAL DANCE REWARDS www.internationaldancerewards.com

**RED AWARD** I attend classes regularly and arrive on time. I am developing good Jazz posture; tall back, feet together, head erect. I am able to do knee bounces. I am getting better at stretches including straddle, hamstrings and hips. **TEACHERS REPORT: TEACHERS REPORT:** 

**PROGRESS RECORD ORANGE AWARD** YELLOW AWARD I am able to balance on one leg I am working on low leg kicks in a variety of positions. maintaining straight legs and back. I am able to return to my space in the I am able to persist and try things in the class that I find difficult. room after a travelling step around it. I use good manners throughout the I am able to skip on both legs. class to my teacher & fellow students. I am able to clap a simple I am working on a rhythm with my teacher. step turn step. **TEACHERS REPORT:** 

Date Completed:

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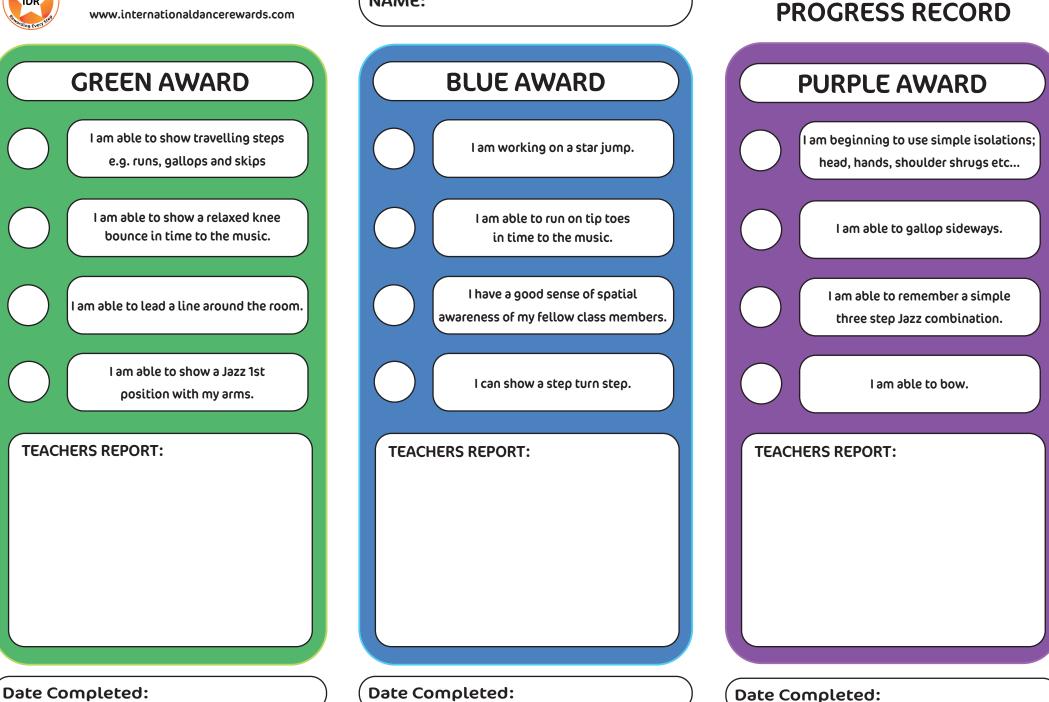
NAME:

Date Completed:

**'PRELIMINARY' JAZZ** 

## INTERNATIONAL DANCE REWARDS DR.

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NAME:

**'PRELIMINARY' JAZZ**