



LEVEL 5: STREET
ORANGE AWARD

NAME:
DATE COMPLETED:



I attend class regularly.



I am able to do a difficult stretch and relax sequence, with use of floor & standing transitions & extended holds.



I able to show full isolations of head hip, shoulder, rib, knee, wrist & hands in a combination exercise.



I am able to perform a variety of kicks; inc. round kicks, side kicks & flick licks.



Breaking: I am working on a basic six step move.



I am able to show clean popping to hit accented beats in the music.



I am able to show clean locks incorporating different body parts.



I am able to do a Street style slide keeping my weight low & into the floor.



I am able to do an 8 bar hand tutting sequence.



I always thank my teacher at the end of my class.



LEVEL 5: STREET
GREEN AWARD

NAME:
DATE COMPLETED:



I arrive at my class on time.



I can run & walk expressively.



I am able to do a body ripple down and then up; either through the whole body or just one part; e.g. the leg.



I can choreograph a simple 8 bar sequence by myself.



I am able to show the use of pressure and resistance in moments.



I am able to confidently do a variety of top rock formations & use them to transition between movements.



I am able to do kick outs with legs in front and in a star shape.



I am able to do a simple 8 count finger tutting sequence.



I am polite and courteous when speaking to other members of the class.



I remember to take all of my belongings with me at the end of my class.



LEVEL 5: STREET
PURPLE AWARD

NAME:
DATE COMPLETED:



I am in the correct uniform & shoes.



Breaking: I am able to confidently show a basic six step move.



Breaking: I am able to helicopter on both legs.



Breaking: My basic six step is confident.



I am able to perform with a sense of artistry.



I am able to show a basic shuffle movement on the spot and side-side.



I am able to complete a choreographed routine as a solo.



I am able to do a 16 count finger tutting sequence.



I am able to perform a choreographed bow.



I am friendly and helpful to all class participants.